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Children and adults with obsessive-compulsive disorder (OCD) suffer from unwanted and intrusive thoughts that they can't seem to get out of their heads (obsessions

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I have had OCD since I was 15yrs,,I am now 65. I has affected my life drastically. Much of my younger years were hell as I thought I was going mad.

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Cherry Pedrick is the co-author of The OCD Workbook, with Bruce M. Hyman, PhD. Her website is designed to share her stories as well as hope for others with OCD.

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OCD habits can be hard to break because they are deeply engrained habits that are normally based on deep seeded fears or obsessions. OCD habits often dominate the

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de Karen VanderMarliere-McCracken. partager

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Coffee Break. 10:15 am-11:00 am Anxiety Disorders and Obsessive-Compulsive Disorder Daniel Geller, MD. James McCracken, MD; Christopher J. McDougle, MD; Janet

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