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# **Getting Over OCD (Guilford Self-Help Workbook) By Jonathan S. Abramowitz**

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About Author Jonathan S. Abramowitz, PhD, is Professor of Psychology and Director of the Anxiety and Stress Disorders Clinic at the University of North Carolina at

### **Internet-based cognitive behavior therapy for**

Aug 02, 2011 phone support from a clinician to enhance computer-aided self-help for obsessive-compulsive disorder: Guilford Press; 2009. *Getting over OCD:*

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